

HOW TO STUDY MORE MORE IN LESS TIME

TIME MANAGEMENT

1

Time management aims to guarantee that the most beneficial tasks receive the most attention because being able to prioritize is crucial to studying effectively.

ELIMINATING DISTRACTIONS

2

It's all too easy to become distracted. Eliminating distractions improves overall productivity.

IMPROVING YOUR LIFESTYLE

3

You must improve your lifestyle by getting enough sleep and eating the right healthy food.

NOTE-TAKING

4

Note-taking is the process of gathering information from many sources and platforms and writing it down.

REVIEWING

5

The best technique to review effectively is to add an element of testing in every review you do. This will help you disclose any knowledge gaps, identify crucial areas where you should concentrate, and reinforce your study.

SPACED LEARNING

6

Spaced learning, also known as dispersed practice or spaced practice, is a technique that helps you improve learning and recall information easily.

LEARNING BY TECHING

7

The students who volunteer to teach others work hard to understand the information better, memorize it more precisely, and apply it more successfully.